

FORMATION Packing List – Lake Placid – April 12th-14th

Essential:

- A SNACK TO SHARE WITH PEOPLE THROUGHOUT THE WEEKEND
- Bible
- Pen/pencil
- Clothes for three days (and perhaps extra ones in case they get dirty)
- Shoes
- Towel
- BED LINENS
- Blanket/sleeping bag
- Pillow(s)
- Sunglasses/hat
- Phone/phone charger
- Water bottle
- Toiletries
 - Deodorant
 - Toothbrush/toothpaste
 - Contact lenses (if needed)
 - Hygiene supplies

Optional:

- Computer/computer charger
 - *There is no Wi-Fi so if you need to do homework, we suggest bringing a hotspot.*
- Hand sanitizer
- Rain jacket
- Cards/board games
- Disc/other sportsball equipment
- Prayer journal
- Flip flops/slides
- Ear plugs (some people snore, you know?)

